

ZENOBIA BEY, M.P.C and B.A Mass Communications

Clinical Mental Health Expert | Community-Based Strategist | Consultant

151 W Commerce Rd Unit #2

Richmond VA 23224

Zbey.tcms@gmail.com

805 596-9791

Zenobia Bey is a clinical mental health professional and community strategist whose work bridges psychological wellness, social equity, and systemic transformation. With advanced training in clinical counseling, she applies evidence-based, trauma-informed, and culturally responsive approaches to foster resilience and empowerment across diverse communities. As a consultant, Zenobia partners with corporations, nonprofits, and public agencies to design and implement strategies that enhance mental health access, strengthen organizational capacity, and embed equity into programs and policies. Grounded in both clinical insight and community engagement, her mission is to cultivate healing-centered systems that promote collective well-being, inclusion, and sustainable social impact.

Zenobia J. Bey
151 W Commerce Rd Unit #2
Richmond VA 23224
Zbey.tcms@gmail.com
805 596-9791

Skill Highlights

- *Communication*- Ability to effectively communicate with internal and external staff/community resource personnel at community and state levels to collaborate service provision and advocacy for clients
- *Problem-Solving*- Ability to resolve in-depth queries in a therapeutic setting (i.e. defusing conflict, mediating client issues, identifying client behaviors and document treatment adjustments on client's documentation)
- *Teamwork & Leadership*- Ability to implement and execute agency policies and procedures to protect the agency's integrity to ensure that organizational goals are achieved
- *Planning & Project Management*- Ability to develop plans, delegate roles, and encourage teamwork to ensure task completion with an emphasis on professionalism and adherence to established deadlines

Professional Experience

Mental Health Counselor-QMHP

4/14-7/23

River City Counseling Services and Empowerment Youth Services

Richmond, VA

- Provided quality individual counseling through therapeutic skill building sessions and case management
- Documented client behaviors and provided interventions according to ISP goals
- Provided family and crisis support
- Review and update ISP's, treatment plans, and monthly reports for compliance with company and state policy
- Maintain communication with social workers, community resources and family members to ensure treatment goals are obtained
- Provide outpatient services with clients individually at least once a week under clinical supervision.

Child Care Supervisor

12/08-7/11

Open Arms Residential Services, LLC

Richmond, VA

- Interviewed, hired, and trained staff to work with at-risk youth in a residential setting
- Developed therapeutic and recreation activities for residents according to ISP
- Developed staff schedule; supervised staff and developed performance evaluations
- Implemented and monitored client treatment goals
- Provided case management services

Independent Living Counselor

10/06-12/08

Open Arms Residential Services, LLC

Richmond, VA

- Assisted female clients aged 14-21 with activities of daily living to promote independence and encourage healthy transition plans (i.e. educational goals, life skills and positive social and coping skills)
- Communicated with management to ensure clients goals and treatment needs were obtained
- Transported clients to medical, mental health appointments, community outings and home visits

Security Officer III

3/06-10/06

Bon Air Juvenile Correctional Facility

Bon Air, VA

- Monitored youth in a secure setting to ensure safety and security
- Documented youth daily activity and implemented the facilities program according to state regulations
- Communicated youth behaviors to case managers and counselors for appropriate treatment

Education/Training

BA Mass Communications
Cheyney University

2002

Masters in Professional Counseling
South University

June 2014

United States Army
Food Service Specialist

09-03/12-10 Reserve Status

Volunteerism/Achievements

- Founder and CEO of Community 50/50 Inc. Youth Non-Profit Organization
- 2012 Emerging Leader recipient of Young Professionals Urban League of Greater Richmond
- 2017 Style Weekly Top 40 under 40
- 2022 YWCA Outstanding Women's Award in Arts & Culture
- Facilitate youth programs at the Boys and Girls Club of Richmond, Richmond and Henrico Public School Systems, and Oliver Hill Detention Center

*References available upon request